

MEMBERSHIP
SUNDAY

2025

⁴For as in one body we have many members, and the members do not all have the same function, ⁵so we, though many, are one body in Christ, and individually members one of another.

-Romans 12:4-5

Lifeway Simulcast (April 13th)



Airsoft (April 20th)



Health Class Finale (April 25th)



Total Health Class 2023-24

Each Class:

- Scripture and Prayer
- Chapter Review
- Personal Review
- Chapter Test
- Speaker (not every week - shared job and testimony)

Theme Verse:

"If you will diligently listen to the voice of the Lord your God AND Do that which is right in His eyes AND Give ear to His commandments AND Keep all His statutes

PROMISE: I will put None of these diseases on you.

Ten Questions to Ask of a Date:

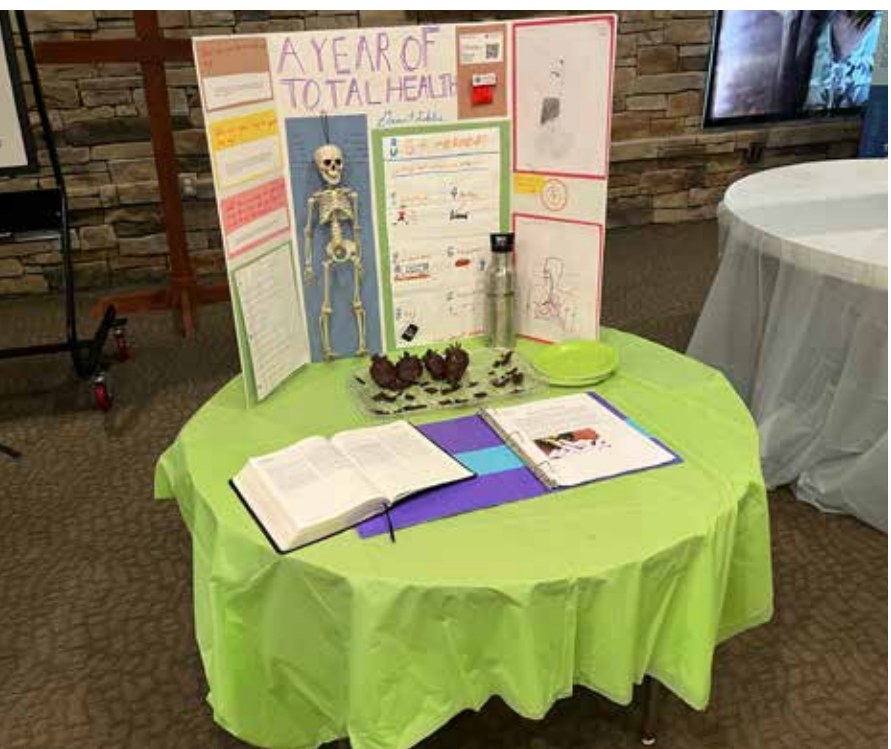
1. How do you spend your free time?
2. What are your hobbies?
3. What are your goals for the future?
4. How do you handle stress?
5. What are your values?
6. How do you spend your money?
7. How do you handle conflict?
8. How do you handle failure?
9. How do you handle success?
10. How do you handle temptation?

Ten Don'ts when in a Dating Relationship

1. Don't be afraid to say no.
2. Don't be afraid to ask for help.
3. Don't be afraid to walk away.
4. Don't be afraid to tell your friends.
5. Don't be afraid to tell your parents.
6. Don't be afraid to tell the police.
7. Don't be afraid to tell the school.
8. Don't be afraid to tell the church.
9. Don't be afraid to tell the community.
10. Don't be afraid to tell the world.

Weekly Project Summaries:

- Week 1:** September 7th, 2023 - Chapter 1: Welcome to the Human Body - included the power of Creation, roles to Anatomy and Physiology, and the organization of the Human Body.
- Week 2:** September 21st, 2023 - Chapter 2: Eleven Systems - One Body - included Circulatory, Respiratory, Integumentary, Nervous, Endocrine, and Reproductive Systems. **Speaker:** Mr. Brian Lacy from Michigan Health Systems, Director of Patient Therapy.
- Week 3:** October 1st, 2023 - Chapter 3: Nutrition - included Back to Basics: God in the Doctor's Office, Role of Vitamins and Minerals, and Diet Planning. **Speaker:** Mrs. Ruth Freedy, M.D. Michigan College, prior Medical Health Instructor.
- Week 4:** October 15th, 2023 - Chapter 4: Fitness and Exercise - included Active Living, Finding the Right Program, Monitoring Progress, and Injury Prevention. **Speaker:** Emily Pedraza, fitness instructor and personal trainer at CrossFit.
- Week 5:** November 1st, 2023 - Chapter 5: The Human Eye - included The Eye and Vision, The Eye and Health, and Eye Care. **Speaker:** Dr. Michael J. Smith, Ophthalmologist at Michigan College.
- Week 6:** November 15th, 2023 - Chapter 6: The Human Ear - included The Ear and Hearing, The Ear and Health, and Hearing Care. **Speaker:** Dr. Michael J. Smith, Otolaryngologist at Michigan College.
- Week 7:** November 29th, 2023 - Chapter 7: The Human Mouth - included The Mouth and Oral Care, The Mouth and Health, and Oral Care. **Speaker:** Dr. Michael J. Smith, Dentist at Michigan College.
- Week 8:** January 4th, 2023 - Chapter 8: Made to His Image - included questions, feelings young people have regarding questions like "Is it all in my head?", "But I am comfortable being myself", "I am made in whose image?" **Speaker:** Mrs. Zita Cwik, professor of Health Professions at CMU, Doctorate in Education.
- Week 9:** January 18th, 2023 - Chapter 9: Head to Toe - included information all about care of the different areas of the body, the confidence this gives you when you feel good about your body, and being a good steward of the body given to us. **Speaker:** Sarah Wilson, Midwife and instructor for midwifery college.
- Week 10:** February 1st, 2023 - Chapter 10: Risk Factors - included stress, taking risks, safety, Risk Factor Red, and emergency training. **Speaker:** Ben Bradford, American Red Cross, Trainer of CPR/AED/First Aid for Adults and children.
- Week 11:** February 15th, 2023 - Chapter 11: Self's Four Responsibilities - included understanding of our attitude and the role we play as a Christian, Person.
- Week 12:** February 29th, 2023 - Chapter 12: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."
- Week 13:** February 29th, 2023 - Chapter 13: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."
- Week 14:** March 14th, 2023 - Chapter 14: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."
- Week 15:** March 28th, 2023 - Chapter 15: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."
- Week 16:** April 11th, 2023 - Chapter 16: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."
- Week 17:** April 25th, 2023 - Chapter 17: Memory - "What's A.M. About?" - included memory loss and how it is more than just "aging."



Nights of Worship (April 27th & July 27th)



26th Anniversary Service (April 28th)



Locke Wedding Shower (May 11th)



Mother's Day (May 12th)



C.M. Large Group (May 13th)



Krogman/Flanders Shower (May 25th)



⁶Having gifts that differ according to
the grace given to us, **let us use them:**

-Romans 12:6

Men's Night Volleyball (June 12th)



Myanmar School Expenses (June 16th)



The Chosen (June 22nd)



Young Church Volleyball (June 27th)



Daniel's Open House (June 28th)



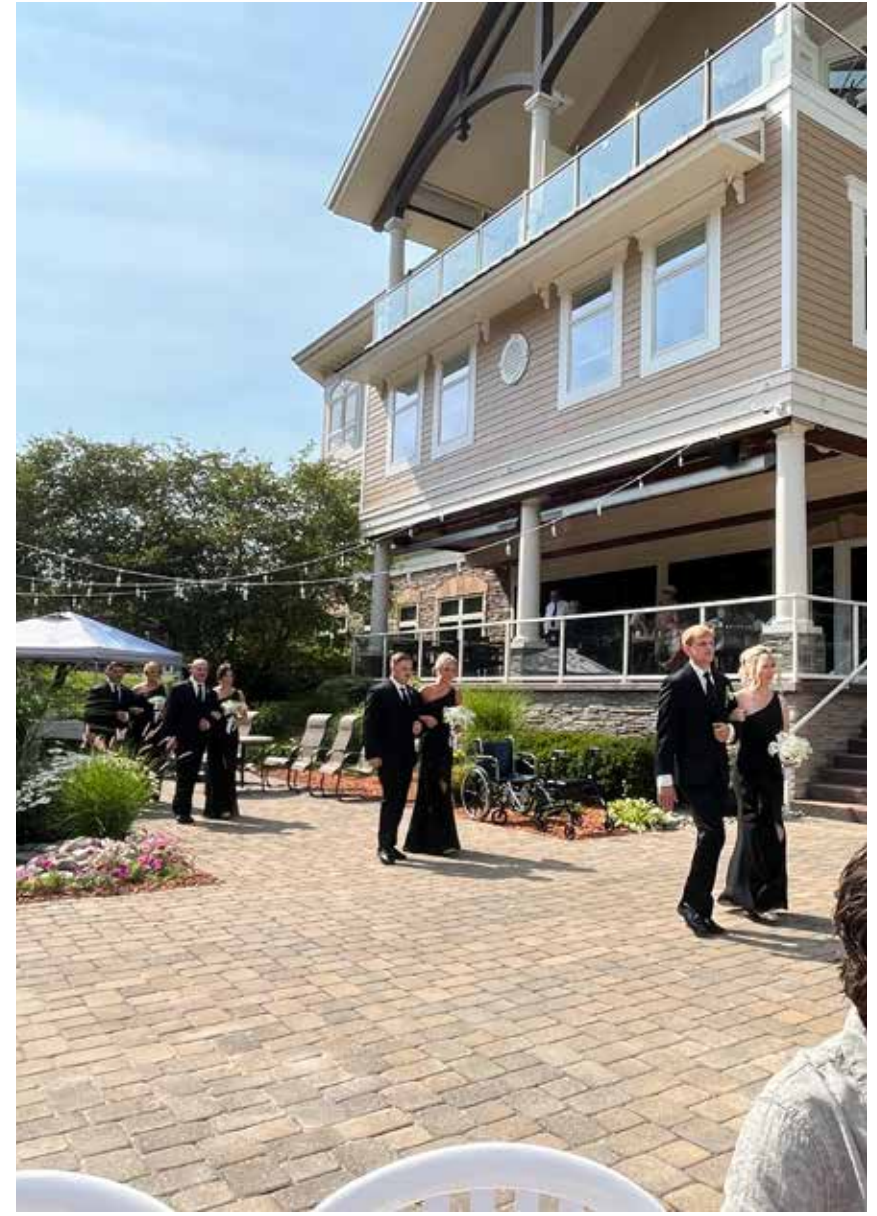
Lauren's Open House (June 29th)



Anna & Peter's Wedding (July 5th)



Ethan & Lyndsey's Wedding (July 20th)



³And divided tongues as of fire appeared to them and rested on each one of them. ⁴And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

-Acts 2:3-4

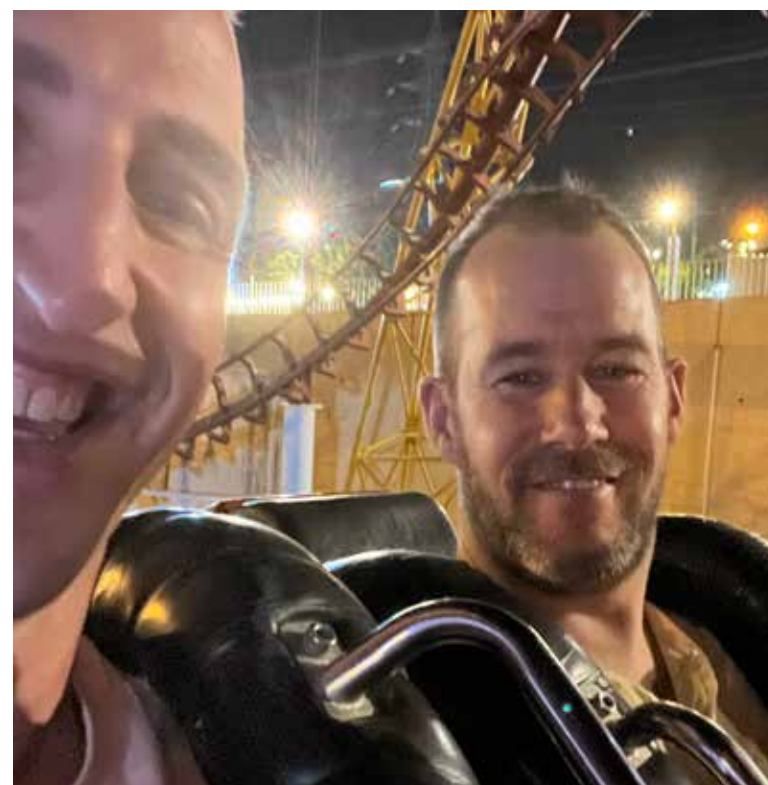
Rice for Agape Orphanage (July 28th)



Young Church (August 1st)



Kurdistan Outreach (August 6th)



British International School (August 10th)



Myanmar Refugee Relief (August 31st)



Campus Outreach (September 5th)



Women's Small Groups (September 25th)



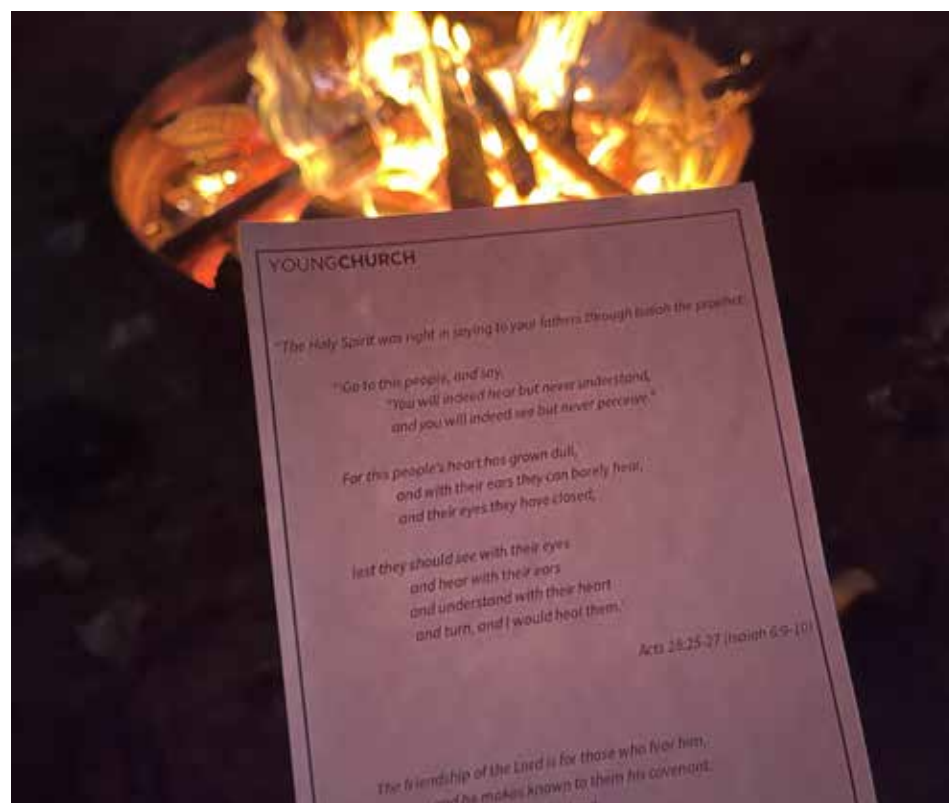
Baptisms (October 6th)



C.M. Curriculum Launch (October 6th)



Young Church Bonfire (October 17th)



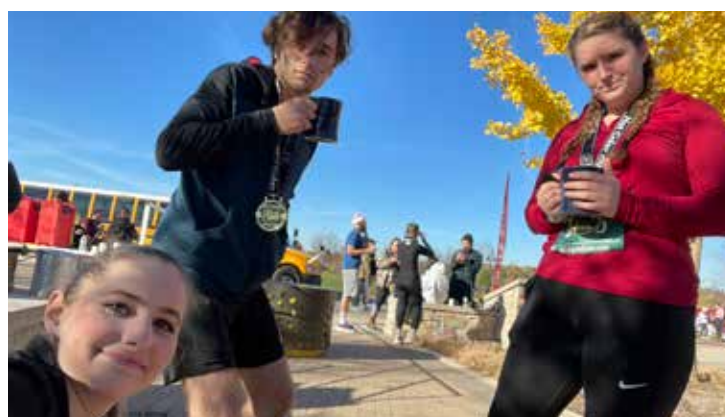
¹²For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ...¹⁴**For the body does not consist of one member but of many.**

-1 Corinthians 12:12,14

Women's Study Gathering (October 23rd)



Fall Running (November 2nd)



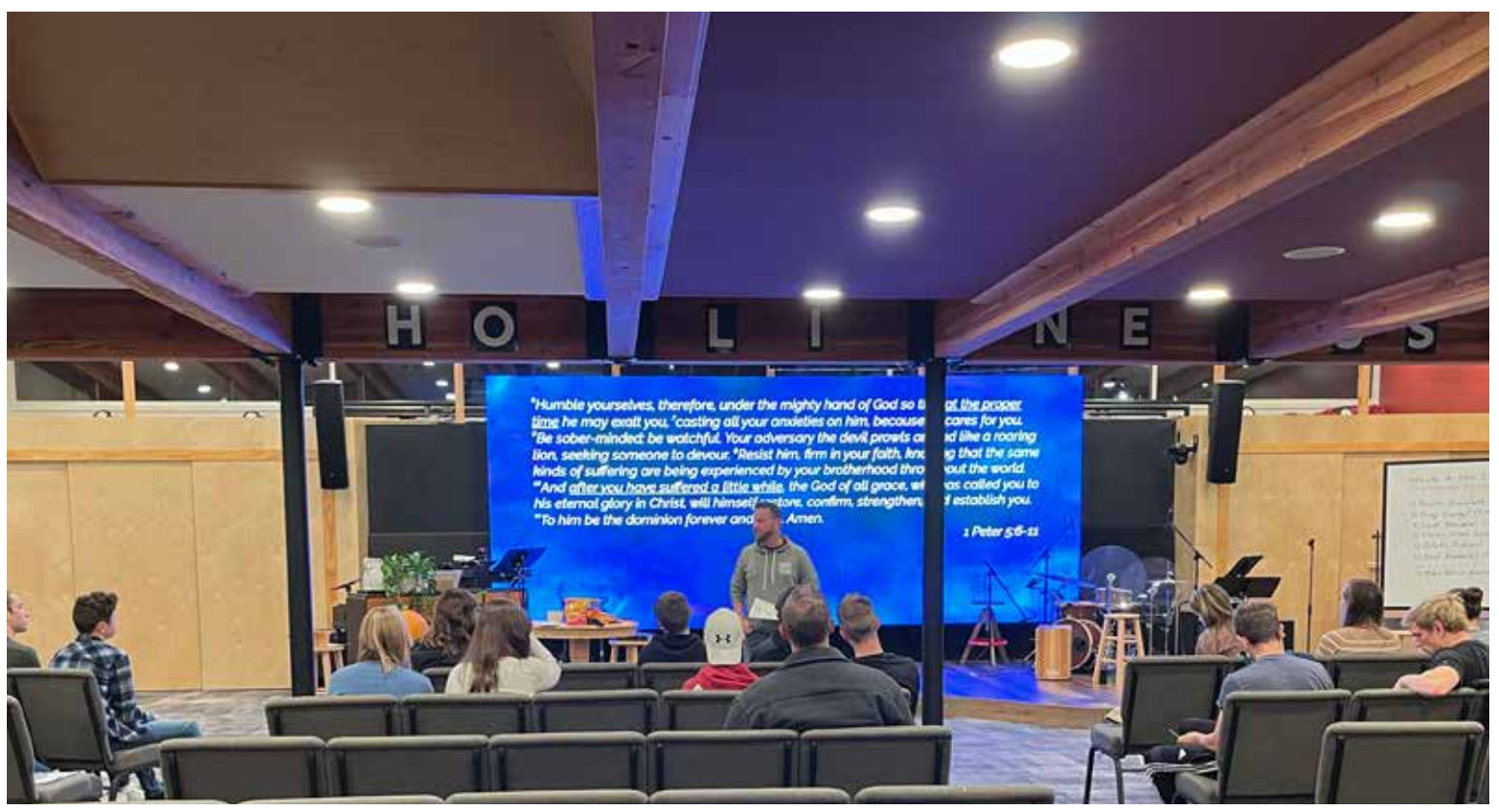
Fall Airsoft (November 9th)



Volunteer Breakfast (November 16th)



Young Church Fall Fun (November 21st)



Mary's Trip to Kurdistan (November 23rd)



MTS Graduation (November 24th)



Beal City Playoff Run (November 29th)



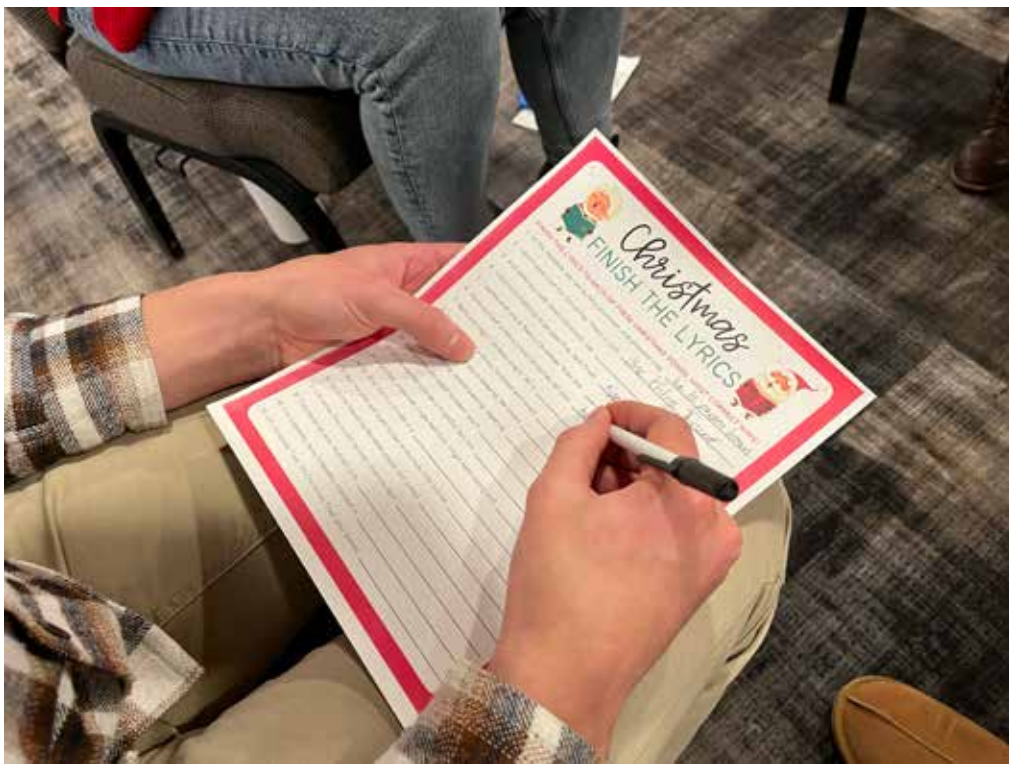
Fall Leaf Outreach (November 30th)



Myanmar Ornaments (December 7th)



YC Christmas Party (December 12th)



The Break Retreat (January 3rd-5th)



Freeze Out Retreat (February 21st–23rd)



Leadership Huddle (March 8th)



Gudbrandson Shower (March 15th)



²⁰Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, ²¹**to him be glory in the church** and in Christ Jesus throughout all generations, forever and ever. Amen.

-Ephesians 3:20-21



GRACE CHURCH
MOUNT PLEASANT